

Support for Families during COVID-19

This is the support packages we are currently offering while our centres are closed:



- Daily Breastfeeding Support Monday-Friday, via our Zoom Brasseries.
- Introducing Solid Foods Workshops via Zoom.
- Well-Being Groups via Zoom on Monday's, Wednesday's, and Friday's.
- Live Story and Rhyme on Facebook 10am every Tuesday.
- Live Wiggles and Jiggles on Facebook at 10am every Thursday.
- Story, Song and Activities posted on Facebook Monday-Friday

If families are interested in any of these services please direct them to our Facebook page - <https://www.facebook.com/bedfordcc/> or contact us on 0300 323 0245 for more information



For those families requiring further support such as behaviour, housing etc our Family Support Team are still operating remotely. Please contact Emily Snodgrass - emily.snodgrass@ecpbedford.org or on 07375544267 if you have families who require support.

For those families that require some activity ideas while they are at home, basic behaviour, sleep or oral health support please contact Charlotte Ashpole – charlotte.ashpole@ecpbedford.org or on 07776476978.



Our 0300 323 0245 number is still operational if you are unable to get through to your named practitioners.