

PSHE overview – Wilden VA Primary School

Two year rolling programme, whole school covers same theme; yellow denotes Cambridgeshire Primary PSHE Programme

Year A	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SEAL	New Beginnings	Getting on and Falling Out	Going for Goals	Good to be Me		
Foundation	Beginning and Belonging	Family and Friends (including anti-bullying) My Emotions	Me and my world	Keeping Safe (including Drug Education)	Healthy Lifestyles	My Body and Growing Up
Year 1 and Year 2 Year 3 and Year 4 Year 5 and Year 6	Beginning and Belonging Rights and Responsibilities – Group and class rules Environment – looking after the local environment	Family and Friends Anti-bullying Online Safety	Working together Financial Capability Children’s Mental Health Week Internet Safety Day	Managing Risk Safety Contexts	Healthy Lifestyles	Sex and Relationships Education Moving On Transition, preparing for next year

Year B	Autumn	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
SEAL	New Beginnings	Say No to Bullying	Relationships			
Foundation	Beginning and Belonging	Family and Friends (including anti-bullying) My Emotions	Identities and Diversity	Keeping Safe (including Drug Education)	Healthy Lifestyles	My Body and Growing Up
Year 1 and Year 2 Year 3 and Year 4 Year 5 and Year 6	Rights, Rules and Responsibilities	My Emotions Anti-bullying	Diversity and Communities Children’s Mental Health Week Internet Safety Day	Drug Education	Personal Safety Digital lifestyle	Sex and Relationships Education Managing Change