

Wilden V. A. Primary School

A Church of England School



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Dear Parents,

I am writing to update you about Relationships and Health Education. All primary age children will be taught the new statutory curriculum by summer term 2021.

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, we will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.

By the end of primary school, pupils will have been taught content on:

- mental wellbeing
- internet safety and harms
- Physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- Basic first aid
- changing adolescent body

We have already started teaching the new curriculum through our topics of Beginning and Belonging, Family and Friends and Online Safety. Please refer to the PSHE topics overview attached and on the school website. The majority of our PSHE work will be covered through our new scheme of work from Cambridgeshire Primary Personal Development Programme, which also includes the Relationships and Health Education content.

We are in the process of writing a new policy for Relationships Education including Sex Education Policy. Attached is the proposed revised policy; if you have any comments or anything that you would like us to consider, please email them to the school office by Monday 30th November. We will also be sending out letters before we deliver the relationships and sex education part of the curriculum so that you are well-informed about the content of lessons - this will be in the summer term. I am also attaching a leaflet entitled 'Talking to Children about Relationships and Sex' which gives more information about this element of the curriculum.

Kind regards,
Mrs Hutchinson



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